

## 1. Introduction to Biblical Counseling

- *The Christian Counselor's Manual* by Jay Adams
- *Competent to Counsel* by Jay Adams
- *The Insanity of Madness: Defining Mental Illness* by Daniel Berger II
- *When You're Tired of Treating the Symptoms and You're Ready for a Cure, Give Me a Call: 18 Lessons for Making Lasting Change* by Henry Brandt
- *Diagnostic, Prescription, and Teaching Manual: Introduction* by Jess Doll
- *Curing the Heart: A Model for Biblical Counseling* by Howard Eyrich and William Hines
- *Equipped to Counsel - A Training Program in Biblical Counseling* by John Henderson
- *Totally Sufficient: The Bible and Christian Counseling* by Ed Hindson and Howard Eyrich
- *The Gospel for Disordered Lives* by Robert Jones
- *Gospel-Centered Counseling* by Robert Kellemen
- *Scripture and Counseling: God's Word for Life in a Broken World* edited by Bob Kellemen and Jeff Forrey
- *Soul Physicians: A Theology of Soul Care and Spiritual Direction* by Robert Kellemen
- *Spiritual Friends: A Methodology of Soul Care and Spiritual Direction* by Robert Kellemen
- *Sufficiency: Historical Essays on the Sufficiency of Scripture* by Heath Lambert, Wayne Mack, Doug Bookman, and David Powlison
- *Biblical Counseling Basics* by Jeremy Lelek
- *Christ-Centered Biblical Counseling* by MacDonald, Kellemen, and Viars
- *Counseling: How to Counsel Biblically* by John MacArthur and Wayne Mack
- *Introduction to Biblical Counseling* by John MacArthur and Wayne Mack
- *Instruments in the Redeemer's Hands* by Paul David Tripp

## 2. History of Biblical Counseling

- *Pastoral Care in Historical Perspective* by William Clebsch and Charles Jaekle
- *Helpful Truth in Past Places* by Mark Deckard
- *Developments in Biblical Counseling* by J. Cameron Fraser

- *Puritan Resources for Pastoral Counseling* by Tim Keller, *Journal of Pastoral Practice* 9, no. 3 (1988): 11-44
- *The Biblical Counseling Movement after Adams* by Heath Lambert
- *A History of the Cure of Souls* by John Thomas McNeil
- *The Biblical Counseling Movement* by David Powlison

### 3. Practice of Biblical Counseling

- *The Christian Counselor's Manual* by Jay Adams
- *Competent to Counsel* by Jay Adams
- *Critical Stages of Biblical Counseling* by Jay Adams
- *Godliness Through Discipline* by Jay Adams
- *How to help people change* by Jay Adams
- *The Use of The Scriptures in Counseling* by Jay Adams
- *Changed into His Image* by Jim Berg
- *Self-Confrontation: A Manual for In-Depth Biblical Discipleship* by John Broger
- *Gospel Conversations* by Robert Kelleman
- *How People Change* by Timothy Lane and Paul Tripp
- *Seeing with New Eyes* by David Powlison
- *Counseling the Hard Cases* edited by Stuart Scott and Heath Lambert
- *Counseling One Another* by Paul Tautges

### 4. Theology/Biblical Studies

- *A Call to Discernment: Distinguishing Truth from Error in Today's Church* by Jay Adams
- *From Forgiven to Forgiving: Learning to Forgive One Another God's Way* by Jay Adams
- *Handbook of Church Discipline* by Jay Adams
- *How to help people change* by Jay Adams
- *A Theology of Christian Counseling* by Jay Adams
- *Systematic Theology* by Louis Berkhof
- *Unpacking Forgiveness: Biblical Answers for Complex Questions and Deep Wounds* by Chris Brauns

- *The Practice of Godliness* by Jerry Bridges
- *The Pursuit of Holiness* by Jerry Bridges
- *Devoted to God: Blueprints for Sanctification* by Sinclair Ferguson
- *Systematic Theology* by John Frame
- *Gospel-Centered Counseling* by Robert Kellemen
- *Sufficiency: Historical Essays on the Sufficiency of Scripture* by Heath Lambert, Wayne Mack, Doug Bookman, and David Powlison
- *A Theology of Biblical Counseling* by Heath Lambert
- *The Enemy Within: Straight Talk About the Power and Defeat of Sin* by Kris Lundgaard
- *Seeing with New Eyes* by David Powlison
- *The Inspiration and Authority of the Bible* by B. B. Warfield

## 5. Categories

### 5.1 Spiritual/Emotional

- *The Biblical View of Self-Esteem, Self-Love, and Self-Image* by Jay Adams
- *Trusting God* by Jerry Bridges
- *Lies Women Believe: And the Truth that Sets Them Free* by Nancy Leigh Demoss
- *Idols of the Heart: Learning to Long for God Alone* by Elyse Fitzpatrick
- *Overcoming Fear, Worry, and Anxiety* by Elyse Fitzpatrick
- *Angry at God? Bring Him Your Doubts and Questions* by Robert Jones
- *Bad Memories: Getting Past Your Past* by Robert Jones
- *Anxiety: Anatomy and Care* by Bob Kellemen
- *Anxiety Attacked* by John MacArthur
- *Anger & Stress Management God's Way* by Wayne Mack
- *Courage: Fighting Fear with Faith* by Wayne Mack and Joshua Mack
- *Help! My Anger is Out of Control* by Jim Newheiser
- *Good and Angry: Redeeming Anger, Irritation, Complaining, and Bitterness* by David Powlison
- *Power Encounters: Reclaiming Spiritual Warfare* by David Powlison

- *Overcoming Anxiety: Relief for Worried People* by David Powlison
- *Redeeming Your Painful Past: Present Grace, Future Hope* by Steve Viars
- *Depression: A stubborn darkness* by Edward Welch
- *Running Scared: Fear, Worry, and the God of Rest* by Edward Welch
- *When I Am Afraid: A Step-by-Step Guide Away from Fear and Anxiety* by Edward Welch
- *When People are Big and God is Small* by Edward Welch

## 5.2 Relational

- *Marriage, Divorce, and Remarriage in the Bible* by Jay Adams
- *Unpacking Forgiveness: Biblical Answers for Complex Questions and Deep Wounds* by Chris Brauns
- *The Gospel Comes with a House Key: Practicing Radically Ordinary Hospitality in Our Post-Christian World* by Rosaria Butterfield
- *When Sinners Say I Do: Discovering the Power of the Gospel for Marriage* by Dave Harvey
- *Relationships: A Mess Worth Making* by Timothy Lane and Paul Tripp
- *Strengthening Your Marriage* by Wayne Mack
- *The Excellent Wife* by Martha Peace
- *Bitterness: The Root That Pollutes* by Lou Priolo
- *The Complete Husband* by Lou Priolo
- *The Peace Maker: A Biblical Guide to Resolving Personal Conflict* by Ken Sande
- *Resolving Everyday Conflict* by Ken Sande and Kevin Johnson
- *The Battle for the Biblical Family* by George Scipione
- *Communication and Conflict Resolution: A Biblical Perspective* by Stuart Scott
- *The Exemplary Husband* by Stuart Scott
- *The Faithful Parent* by Stuart Scott and Martha Peace
- *War of Words: Getting to the Heart of Your Communication Struggles* by Paul Tripp
- *What Did You Expect? Redeeming the Realities of Marriage* by Paul Tripp
- *When People are Big and God is Small* by Edward Welch

### 5.3 Mental

- *Rethinking Depression: Not a Sickness Not a Sin* by Daniel Berger
- *Broken Pieces and the God Who Mends Them* by Simonetta Carr
- *Descriptions and Prescriptions* by Michael Emlet
- *OCD: Freedom for the Obsessive-Compulsive* by Michael Emlet
- *Overcoming Fear, Worry, and Anxiety* by Elyse Fitzpatrick
- *Will Medicine Stop the Pain?* by Elyse Fitzpatrick and Laura Hendrickson
- *Good Mood Bad Mood: Help and Hope for Depression and Bipolar Disorder* by Charles Hodges
- *Depression, Medication, and Biblical Counseling* by Bob Kelleman
- *Mental Illness and the Church Developing a Compassionate and Comprehensive Biblical Counseling Response* by Bob Kelleman
- *The Gospel and Mental Illness* by Heath Lambert
- *Spiritual Depression: Its causes and Its Cure* by Martyn Lloyd-Jones
- *Anxiety Attacked* by John MacArthur
- *Christians Get Depressed Too* by David Murray
- *When the Darkness Will Not Lift* by John Piper
- *Bipolar Disorder: Understanding and Help from Extreme Mood Swings* by Edward Welch
- *Blame It on the Brain?* by Edward Welch
- *Counselor's Guide to the Brain and Its Disorders* by Edward Welch
- *Depression: Looking Up from a Stubborn Darkness* by Edward Welch
- *Depression: The Way Up When You Are Down* by Edward Welch

### 5.4 Sexual/Physical

- *Relief Without Cutting* by Amy Baker
- *Transforming Homosexuality: What the Bible Says about Sexual Orientation and Change* by Denny Burk and Heath Lambert
- *Openness Unhindered: Further Thoughts of an Unlikely Convert on Sexual Identity and Union with Christ* by Rosaria Butterfield

- *The Secret Thoughts of an Unlikely Convert: An English Professor's Journey into Christian Faith* by Rosaria Butterfield
- *Sexual Detox: A Guide for Guys Who Are Sick of Porn* by Tim Challies
- *What Does the Bible Really Teach about Homosexuality?* by Kevin DeYoung
- *The Bible and Homosexual Practice: Texts and Hermeneutics* by Robert Gagnon
- *At The Altar Of Sexual Idolatry* by Steve Gallagher
- *Your Child Says "I'm Gay"* by Tim Geiger
- *Finally Free: Fighting for Purity with the Power of Grace* by Heath Lambert
- *Cutting: A Healing Response* by Jeremy Lelek
- *God and the Gay Christian? A Response to Matthew Vines* edited by Albert Mohler Jr.
- *Sex and the Supremacy of Christ* edited by John Piper, Justin Taylor
- *Breaking the Addictive Cycle: Deadly Obsessions or Simple Pleasures?* by David Powlison
- *The heart of Addiction: A Biblical Perspective* by Mark Shaw
- *Help for Self-Injurers and Cutters* by Mark Shaw
- *Addictions: A Banquet in the Grave* by Edward Welch
- *Crossroads: A Step-By-Step Guide Away from Addiction* by Edward Welch
- *Freedom from Addiction: Turning from Your Addictive Behavior* by Edward Welch
- *Homosexuality: Speaking the Truth in Love* by Edward Welch
- *Running in Circles: How to Find Freedom From Addictive Behavior* by Edward Welch and Gary Shogren
- *Self-Injury: When Pain Feels Good* by Edward Welch
- *Intended for Pleasure* by Ed Wheat and Gaye Wheat

## 5.5 Abuse

- *Debilitated and Diminished: Help for Christian Women in Emotionally Abusive Marriages* by Anne Dryburgh
- *In the Aftermath: Past the Pain of Childhood Sexual Abuse* by Pamela Gannon and Beverly Moore
- *Abuse: Finding Hope in Christ* by John Henderson

- *Is It My Fault? Hope and Healing for Those Suffering Domestic Violence* by Justin Holcomb and Lindsey Holcomb
- *Rid of My Disgrace: Hope and Healing for Victims of Sexual Assault* by Justin Holcomb and Lindsey Holcomb
- *Sexual Abuse: Beauty for Ashes* by Robert Kellemen
- *The Heart of Domestic Abuse: Gospel Solutions for Men Who Use Control and Violence in the Home* by Chris Moles
- *Help! Someone I Love Has Being Abused* by Jim Newheiser
- *Treasure in the Ashes: Our Journey Home from the Ruins of Sexual Abuse* by Sue Nicewander and Maria Brookins
- *Recovering from Child Abuse: Healing and Hope for Victims* by David Powlison
- *Sexual Assault: Healing Steps for Victims* by David Powlison
- *The Heart of Anger: Practical Help for the Prevention and Cure of Anger in Children* by Lou Priolo
- *Domestic Abuse: Help for the Sufferer* by Darby Strickland
- *Domestic Abuse: Recognize, Respond, Rescue* by Darby Strickland

## 6. Secular Counseling

- *Addicted to Recovery: Exposing the False Gospel of Psychotherapy, Escaping the Trap of Victim Mentality* by Gary Almy, Carol Tharp Almy, and Jerry Jenkins
- *PsychoBabble: The Failure of Modern Psychology and the Biblical Alternative* by Richard Ganz
- *Counseling and Christianity: Five Approaches* edited by Stephen Greggo
- *Beyond Seduction: A Return to Biblical Christianity* by Dave Hunt
- *Psychology and Christianity: Five Views* edited by Eric Johnson

## 7. Other Resources

- General Bibliography
- Kellemen: Annual Guide to Biblical Counseling Resources 2020